Unlimited Potential ignites unity, pride, and dignity through education and advocacy.

**Mission**

Equitable opportunities grounded in acceptance and respect, promoting strong individuals, families, and communities.

**Vision**

Healthy Living

Healthy living oversees multiple projects such as the Health Start program which works to support and prepare prenatal mothers till their child turns 2 years through in-home visits, classes, mental health checks, and more. The Garden and Farmer’s Market (every Saturday) provide 6 paid positions and engage the community with nutritious food. Fresh Connections distributes fresh produce from local farmers to families and senior centers. The Abriendo Puertas program, opened in April 2021, helps guardians prepare their children for success in the future.

**Healthy Living**

- **Food Distribution**
  - 16 Food Distribution sites
  - each serving 20-50 Families

- **Families currently registered for Health Start**: 184

- **Totes of fresh food were distributed 2021-2022**: 5,460

Adult Education

Unlimited Potential recommitted to community education and academic support by creating the Adult Education Department in 2021. This last year, Unlimited Potential became certified as a Community Health Worker (CHW) Training Site and currently trains 61 CHWs. Each CHW undergoes 32 weeks of Core Competency training, mandatory monthly education, and specialized training for their roles. Department changes include 4 new levels of English classes, placement exams, and a new textbook. The department provided ESL services to St. Vincent de Paul Parent Education Program from 2021-2022 and will continue to through 2023.

**Adult Education**

- **Students expected to graduate with GED Diplomas by end of year**: 7

- **Enrolled in Adult Education Courses**: 63

- **Adult Education course services provided to St. Vincent de Paul and Lutheran Services**: 4

Disease Control & Prevention

Disease Control & Prevention organizes 50 health education classes (i.e. vaccines, asthma, chronic disease, COVID-19) and 48 Core Competency classes (discussing CHW skills) year round. Working as a contractor for CDC, Unlimited Potential has continued to work on the Million Hearts, Tobacco Cessation, Tomando Control, and is a licensed Diabetes Empowerment Education Program (DEEP). Tomando Control and DEEP are programs teaching preventative methods for managing chronic disease which were held 6 days a week for 2 months. 72 people enrolled and completed DEEP offered at Unlimited Potential.

**Disease Control & Prevention**

- **Hours of Health Education for CHWs**: 212

- **Health Fairs per year, offering resources and information to the community**: 76

- **Of 900 community members, 38% were informed of a blood pressure 130/90 or up and connected with health providers**: 340
Unlimited Potential has been working on heat mitigation strategies such as the Cool Island tree planting project in West Mesa, climate and health workshops, a summer cooling center, and air conditioning services. The Cool Island project, spearheaded by ASU, planted over 350 trees from April 30th to May 7th. In May 2021, Unlimited Potential helped 27 people sign up for air conditioning services funded by Arizona Public Service and Foundation for Senior Living; currently, 6 participants have received air conditioning. Projects incorporate outreach include everything from health fairs and the community garden to workshops and Fresh Connections.

Volunteer & Community Outreach

Unlimited Potential’s volunteers and CHWs support many programs and community outreach efforts in all departments. All 216 volunteers attend trainings, health workshops and share with their communities. This year, volunteers spoke to over 900 people about health issues like hypertension, diabetes, cancer, and helped gather data from focus groups. Many CHWs that begin as volunteers are trained by Unlimited Potential and participate in several programs. Projects that incorporate outreach include everything from health fairs and the community garden to workshops and Fresh Connections.

Environmental Justice

Unlimited Potential has been working on climate and health workshops, a summer cooling center, and air conditioning services. The Cool Island project, spearheaded by ASU, planted over 350 trees from April 30th to May 7th. In May 2021, Unlimited Potential helped 27 people sign up for air conditioning services funded by Arizona Public Service and Foundation for Senior Living; currently, 6 participants have received air conditioning. Other projects include Healthy Roots focused on nutrition and how to plant, cook, and identify nutritious plants native to Arizona.

Volunteers reached over 2,630 Community members through health fairs, Saturday markets, special events, and more

13,288 CHWs volunteered

300 Community members

10,000 Asthma and pollution flyers distributed

24 Community members per week since June 2021

Unlimited Potential Funding Distribution

FY 07/01/2021 - 06/30/2022

Secured Funding

- Donations
  - $10,242.86
- Service Revenue
  - $22,553.10
- Contributions
  - $142,435.70
- Grants
  - $1,322,456.29

Total
- $1,497,687.95

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Thank you to our Partners:

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